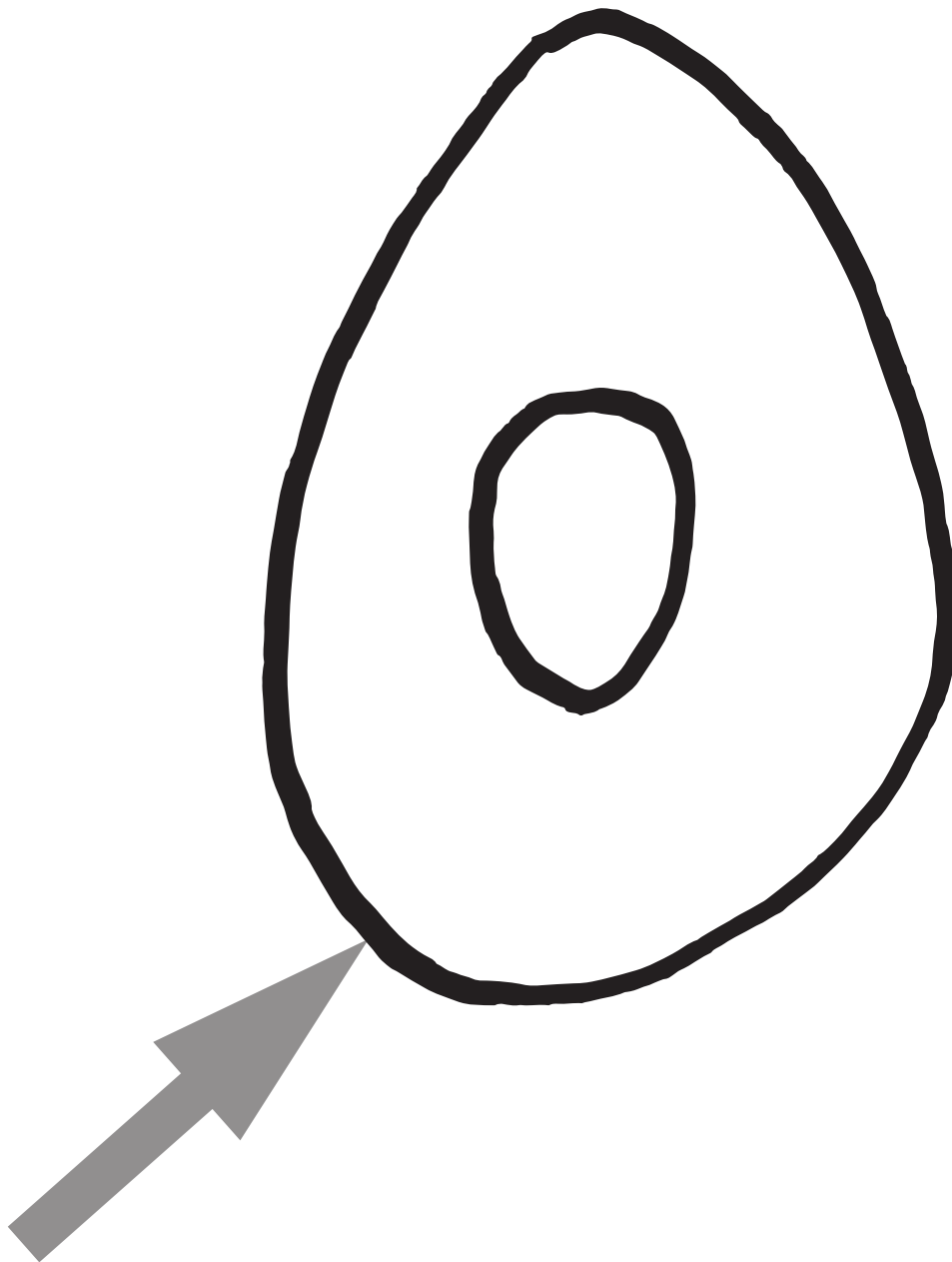
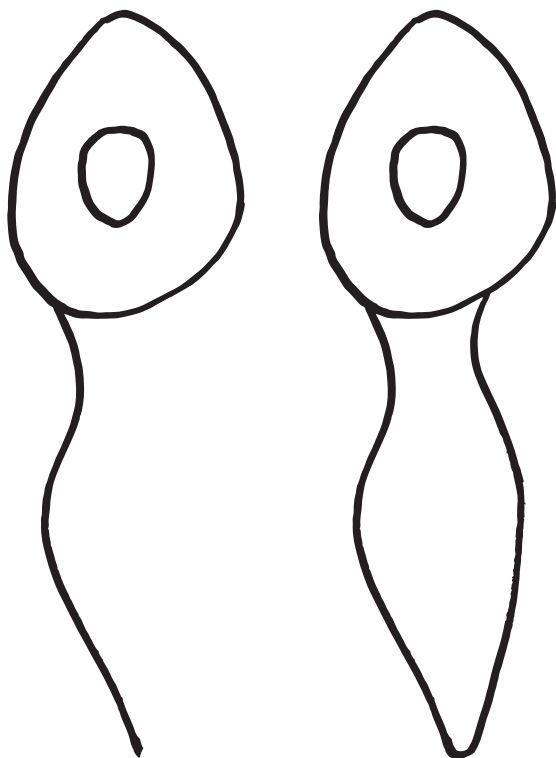


**DRAW AN EGG SHAPE IN THIS
POSITION ON YOUR PAPER**

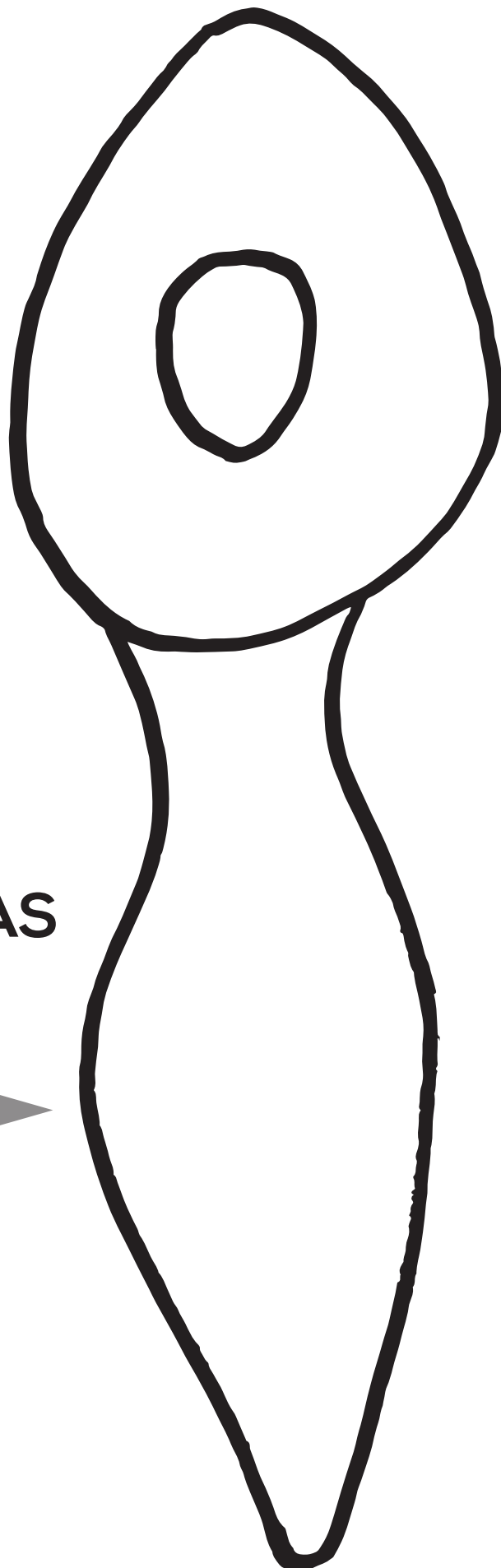
**LEAVE A SPACE
AT THE TOP**



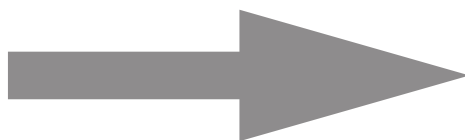
**DRAW A LARGER EGG SHAPE
AROUND THE FIRST SHAPE WITH
THE SMALLER END AT TOP AND
ROUNDER AT BOTTOM AS
ILLUSTRATED**

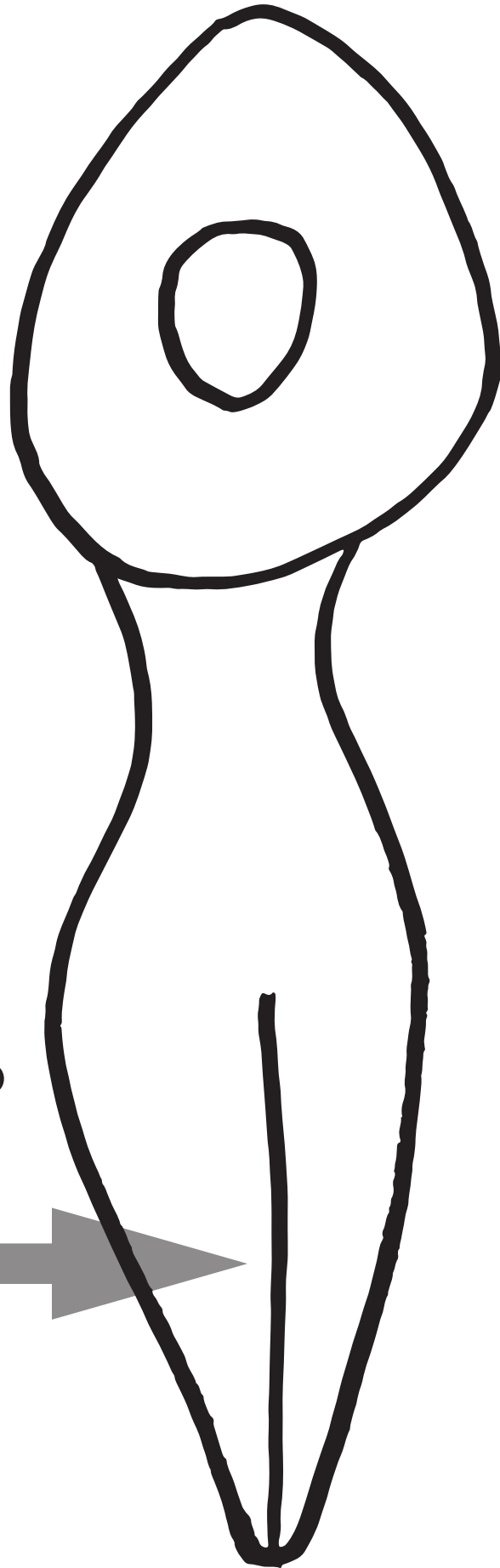


**DRAW TWO lines,
one on each side**

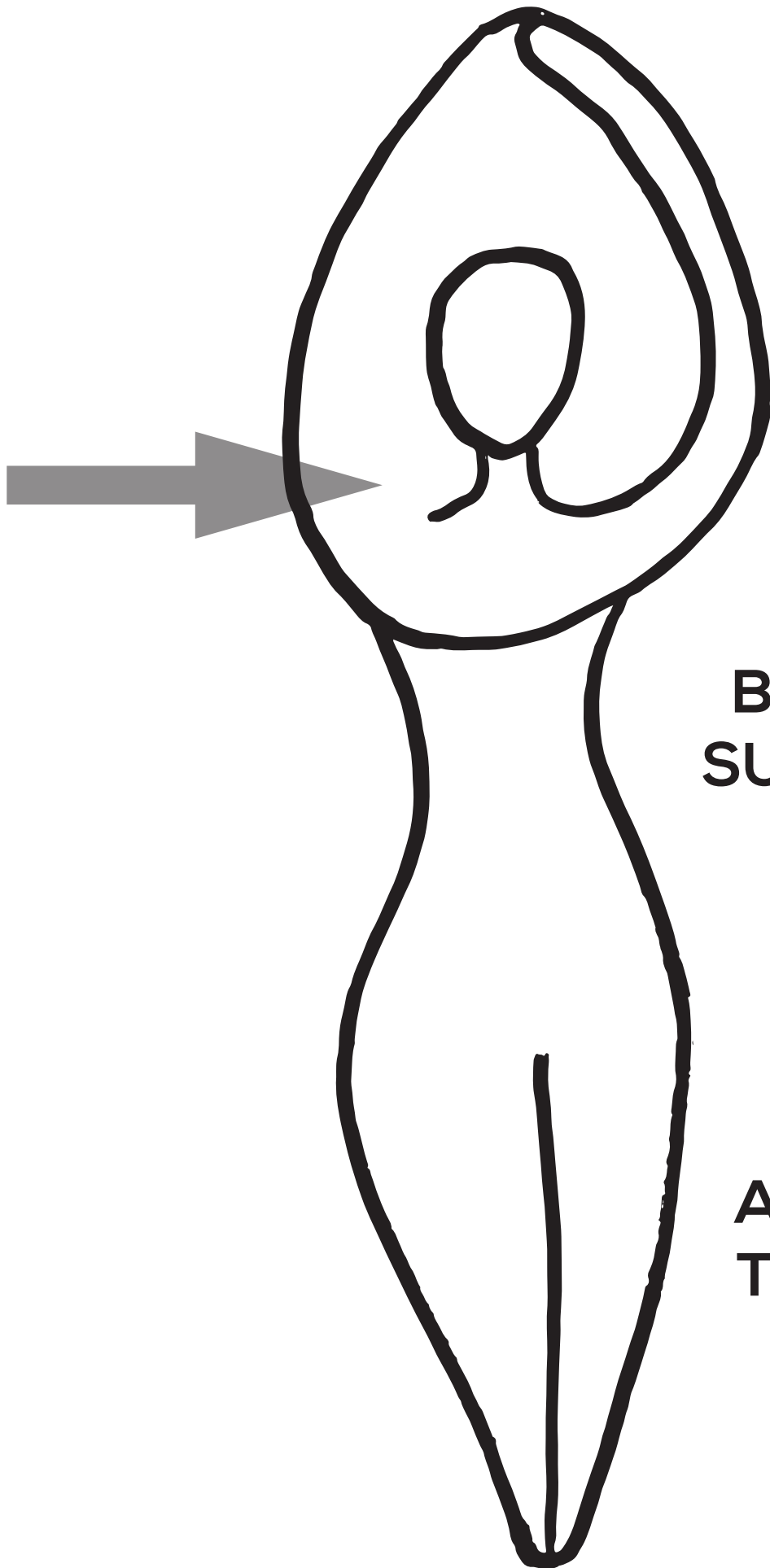


**TO CONNECT AS
HERE**

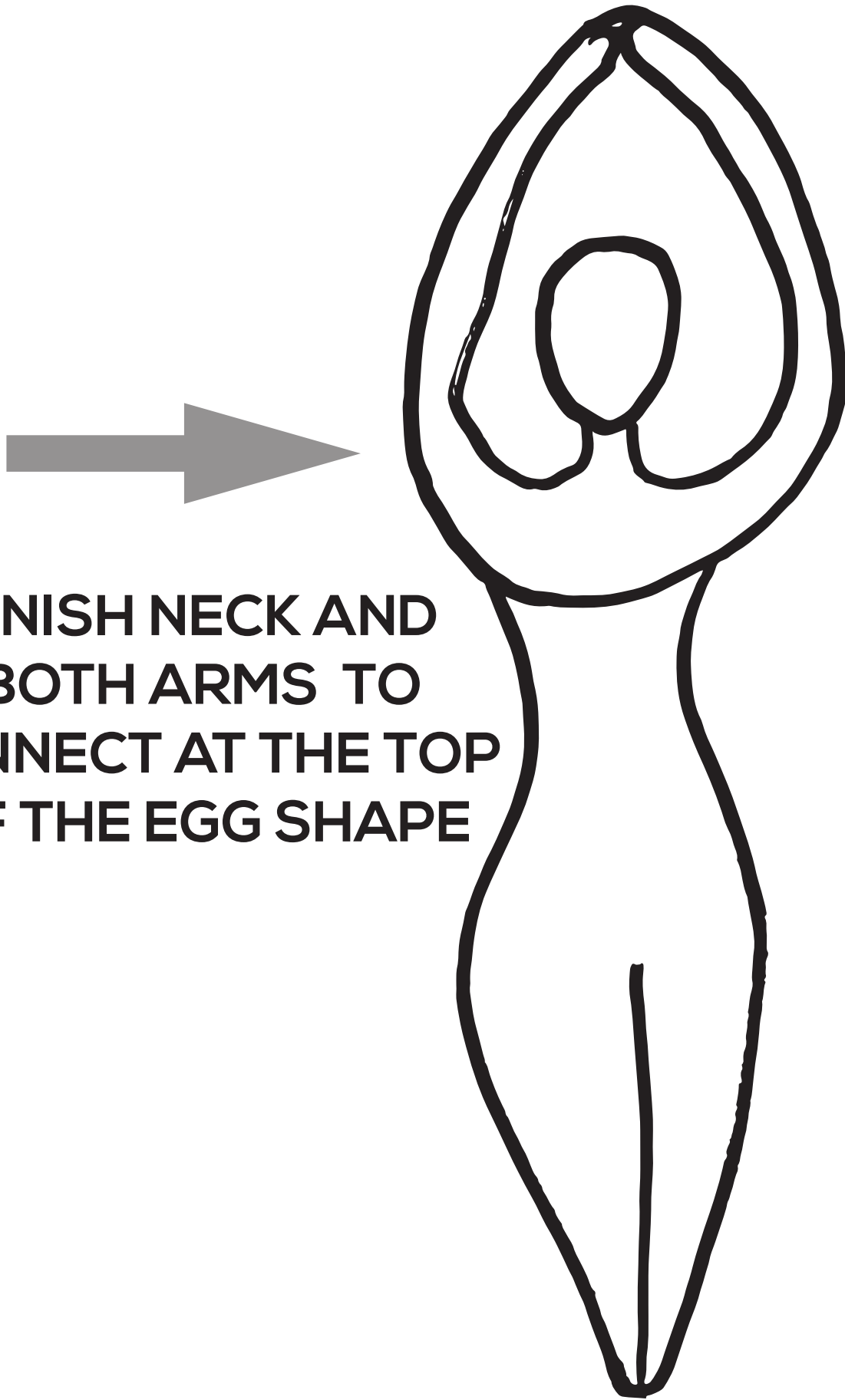




**DRAW A LINE
@ HALFWAY UP
AS HERE**

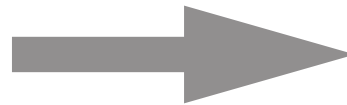


**BEGIN WITH THE
SUGGESTION OF A
NECK - THEN
CONNECT TO
BEGIN ONE
ARM THEN
THE OTHER
AS IF REACHING
TO EACH OTHER**

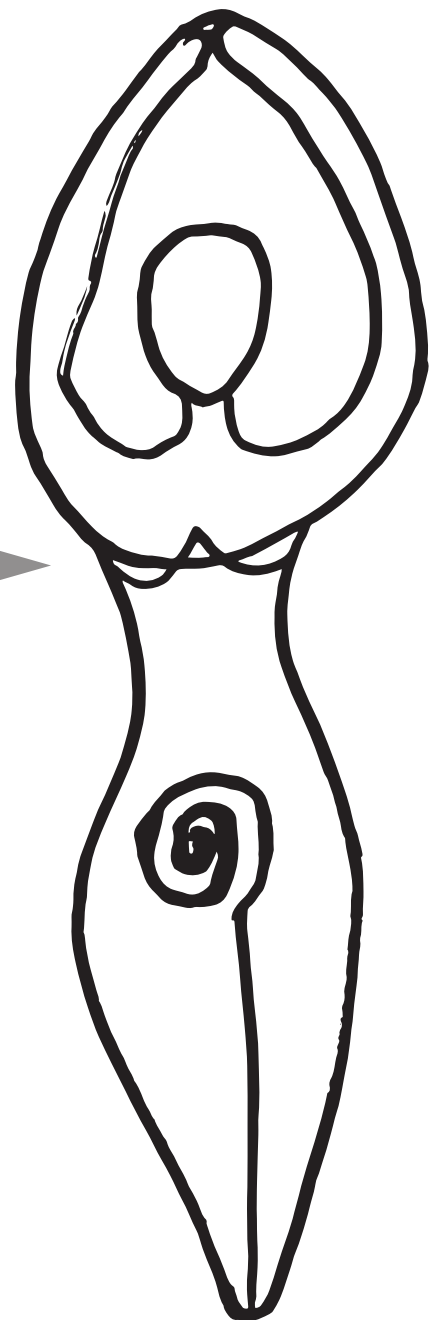


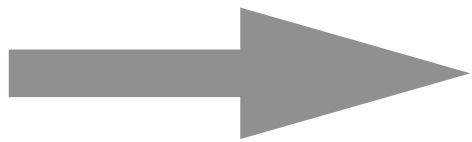
**FINISH NECK AND
BOTH ARMS TO
CONNECT AT THE TOP
OF THE EGG SHAPE**

**OPTIONAL
ADD A SPIRAL
WHERE THE LEGS
MEET**

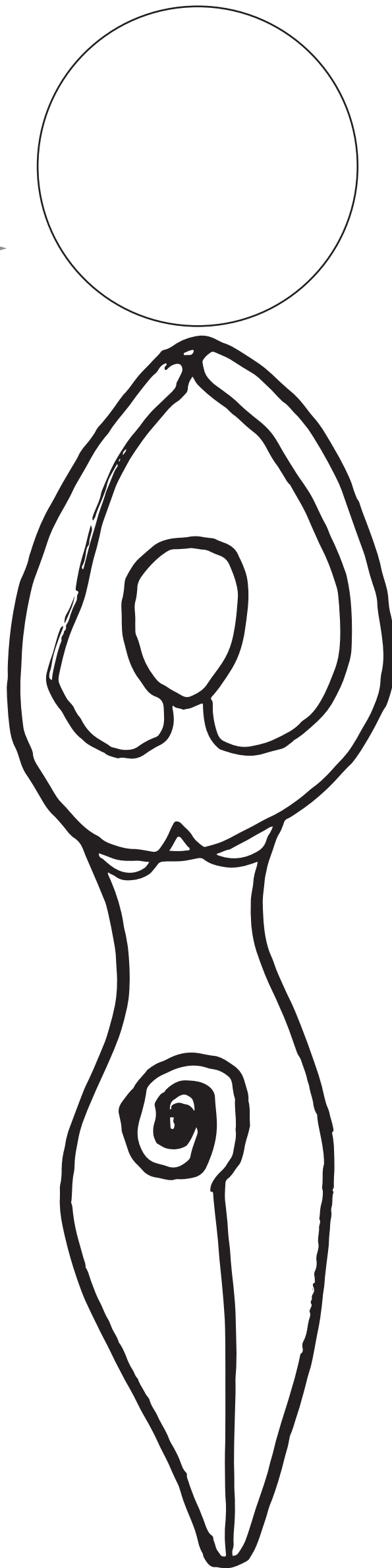


**OPTIONAL
ADD SUGGESTIONS
OF BREASTS**





add/draw/colour
what is ready to
dance through you
now and allow
your hands
to receive it



**BREATH
CONNECT
CONSIDER**

**What is ready
to dance through
me now?**

**Show me more
of what wants
to dance through
me now.**

