

FOR WEEK 3 CLASS
ART AS A SOUL PRACTICE
THURSDAY, JUNE 3RD 11:30 A.M. EST

Remembering you exercise . . .

1. Find a picture of yourself as a child. It's preferable if you are under the age of 4 in the photo.

2. If you have a scanner, scan your head and shoulders in black and white at 2.5 to 3 inches high. If you don't have a scanner no worries take a screenshot and print that out as best you can to a size that would show up as on the paper template below.



Internet image

3. Cut out your head and shoulders and if you have glue go ahead and paste it as below.

NOTE: if you can't print out or don't have glue -- no worries you can improvise.

4. Either way, have colouring supplies you like to work with -- watercolours, markers, pastels, or coloured pencils for this week's exercise.

